



# AFTERCARE INSTRUCTIONS



ESTHER'S  
*eyebrows*

## CARING FOR YOUR EYEBROWS

- Wash your eyebrows with cool water three to four hours after appointment to remove the dead skin cells and blood residue.
- Do not use abrasive cleansers, or toners high in acids.
- Use ointment twice a day, or when you have itchy brows.
- If you have severely oily skin don't use ointment unless brows are itchy, or at night to sleep.
- Avoid submerging yourself in water, no baths, pools, or beach for seven days. No sauna or hot team showers for seven days.
- Avoid going under heavy sun for seven days, no boats, kayaks, sun bathing, etc.
- No gym for two days.
- If you begin to scab and shed do not think the color is completely gone, it does lighten and then deepen in color again. The hair strokes are still there, ready for their touch up. Do not panic.
- Your touch up will be two to four weeks after initial appointment, depending on your skin sensitivity, and age.

Enjoy your eyebrows!



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*Eyebrows*