

EYELINER  
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# AFTERCARE INSTRUCTIONS

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ESTHER'S  
*eyebrows*

**CARING FOR YOUR EYELINER****01**

- Wash your hands before touching any treated area.
- Cool packs (not frozen) may be used to help reduce swelling. Dampen paper towels or cotton pads with filtered or bottled water and place in the refrigerator for 30 minutes. Apply to the area 10 minutes at a time. (10 minutes on, 10 minutes off) Cooling the area is most beneficial within the first 24 hours. Sleeping elevated may also help in the reduction of swelling.

**BLOTTING YOUR EYELINER****02**

- We have created a wound and all wounds weep body fluids, some will weep more and for a longer period than others. Blotting off these fluids and excess pigment is critical to a good result and optimum color retention. If these fluids are allowed remain on the tattooed area and accumulate, you will get heavier scabbing. Heavy scabbing can pull out the pigment which will result in light spots and unevenness of color.
- Dampen a paper towel with bottle or filtered water...may use sterile water or sterile eyewash as well. Blot your new procedure every 15 minutes upon leaving the Girlz Ink Studio. Continue blotting every hour once you arrive home. The following three days please blot the area periodically throughout the day

**WASHING YOUR PROCEDURE****03**

- Use a mild cleanser on and around the procedure area. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliates. Dial Soap, Cataphyll, and Neutrogena are good choices, if you would not use it on a baby, don't use it to wash your healing eyeliner.
- Use a very light touch cleansing your procedure twice a day. Make sure you rinse off all cleanser. Pat dry. Wait 15 minutes before applying ointment after getting the procedure wet. Never put ointment on a wet or damp tattoo.
- Showering- Do not take an exceptionally hot shower and keep bathroom doors open as to NOT cause a steam effect. Keep your face/procedure out of the water while you do your other shower "stuff" first. When washing your hair, keep head tilted back and rinse out shampoo back away from your face. At the very end of your shower, wash your face and area using a light touch. Do not let the shower spray hit you directly in the face. Your face and procedure will only be getting wet at the very last end of the shower.

**OINTMENT****04**

Only use the ointment we provide for you! No ointment for the first 48-72 hours, after which you apply a very light coat of ointment once in the morning and once in the evening for the following 3 days. Eyes are very sensitive to ointment so use sparingly.

Try to keep the ointment contained to the eyeliner area and not in the eye itself. If you feel any discomfort IN the eye itself, this is not normal and you should immediately see an eye doctor and contact me. Although it is important to use ointment, using it excessively can starve the skin of air and can result in pigment loss during the healing period. So, use it but use it sparingly, just enough to moisten.

ALLERGIC REACTION IS EXTREMELY RARE BUT POSSIBLE. IF YOU NOTICE ANY BUMPS OR RASH OR THINK YOU MAY BE HAVING A REACTION...STOP USING OINTMENT IMMEDIATELY, CLEANSE AREA AND CALL THE STUDIO.

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**THE HEALING PROCESS AND  
WHAT TO EXPECT**
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- Day 1 – You will have anywhere from slight to heavy swelling. This depends on the number of histamines in each client’s body. You may have bruising. You may appear as though you have been crying or have allergies. The eyeliner will appear thicker and darker than what it will heal to be. No contact lenses for 5 days and no Visine.
- Day 2 – The morning of day 2 is most likely when the swelling will peak. Plan to use your cool packs! The darker and thicker appearance lingers, and the area will feel tight and tender.
- Days 3-4 – Less swelling. The eye tissue still feels tight and somewhat drawn. The peeling process begins. Start ointment in 48-72 hours. Some feeling of pinching and itching is quite normal, the ointment will help relieve this feeling.
- Days 5-7 – Dark outer color continues to flake off and you will see a softer, thinner eyeliner. Color may look grayish or ashy until the color clarifies. You can go back to wearing your contact lenses at day 5.
- Days 8-30 – During this time, the pigment is in its “blooming” stage. As the old, dead, dry skin sloughs off the color will begin blooming or clarifying. At about 4 weeks, the color is done blooming and what you see is what you got. A second session may be needed to fine tune and add additional color.

**ADDITIONAL AFTERCARE****06****DO'S AND DON'TS**

- Wait a minimum of 8 weeks before applying eyelashes, eyelash extensions, using Latisse or any other lash serums. Latisse and other like products have been documented to lighten the tattooed color on some occasions.
- Absolutely NO pet grooming, gardening, dusting, or anything that causes dust, dirt and dander for a minimum of 72 hours. Waiting 5 full days is best. Wearing glasses outdoors is a good way to protect healing eyeliner. NO EXERCISING FOR 10 DAYS... NO EXCEPTIONS. DO NOT DO ANY ACTIVITY THAT CAUSES SWEAT IN THE AREA OF THE PROCEDURE OR YOUR FACE TO HEAT UP AND TURN RED. ABSOLUTLY NO LAKE ACTIVITIES. DO NOT GO TO THE POOL, LAKE OR BEACH. NO HORSEBACK RIDING, NO CAMPING OR RIDING ATVS. NO NOTHING OF THIS SORT. DON'T DO IT! STAY OUT OF THE SUN! KEEP IT PROTECTED AND KEEP IT CLEAN! TLC FOR YOUR NEW PROCEDURE.
- During your healing process DO NOT expose your new procedures to chemicals, hot tubs, saunas, direct shower spray, hot water, salt water, chlorinated pools, lakes, or ponds. Direct sun exposure and tanning beds should be avoided indefinitely as both are counter-productive to the cosmetic procedure.
- Absolutely NO topical makeup on the healing procedure(s) for a minimum of 5 days. Topical makeup may be bacterial and your new procedures(s) need adequate time to heal to avoid irritation and/or infection. You may apply your makeup around the new procedure area but avoid applying ON the healing areas. After any eyeliner procedure, please use a brand-new mascara. DO NOT USE an eyelash curler for 2 weeks. This instrument pulls the eyelashes and the tissue containing the eyeliner pigment that surrounds the lashes. You must allow the eyeliner to heal before stressing the tissue in this area. No contact lenses for 5 full days.
- NO lash lifts or lash tinting for a full 30 days.
- NO FACIAL, PEELS OR ANY OF THAT FACE STUFF FOR TWO FULL WEEKS!
- Some tenderness, puffiness, redness, and itching is normal immediately following the eyeliner procedure and can remain for the first few days. Bruising can happen for some. DO NOT PICK, PEEL, OR SCRATCH the treated area as this could result in your color healing uneven, as well as the risk of scarring and infection.
- Lastly...relax. Don't worry about a thing. It's a tattoo that will lighten, thin out and heal in a matter of days. Do exactly as I have advised you to do OR not to do and all heals well. Complications can happen but are extremely rare.

- 6 to 8 weeks of healing must take place before any additional work can be done.
- Some clients will heal with perfect healed-in color and no follow up work will be needed.
- Some clients will heal with some inconsistencies in color and a follow up appointment will be needed to fill in those areas.
- A small percentage of clients will heal with much less color than expected or normal and a follow up appointment will be needed to re-do the procedure.



ESTHER'S  
*Eyebrows*